



Summary: 44.3 miles (54 minutes)

<b>Mile</b>	<b>Instruction</b>	<b>For</b>
0.0	Depart Elephant and Castle on A3 (South)	65 yds
0.1	At roundabout, take the SECOND exit onto A3 [Newington Butts]	0.9 mi
0.9	Bear LEFT (South) onto A23 [Brixton Road]	1.6 mi
2.5	Road name changes to A204 [Effra Road]	65 yds
2.5	Road name changes to A23 [Effra Road]	142 yds
2.6	Bear RIGHT (South) onto Local road(s)	43 yds
2.6	Turn RIGHT (West) onto A23 [St Matthews Road]	65 yds
2.7	Bear LEFT (West) onto A204 [St Matthews Road], then immediately bear LEFT (South) onto A23 [Brixton Hill]	2.2 mi
4.9	Road name changes to A216	10 yds
4.9	Turn LEFT (East) onto Local road(s)	10 yds
4.9	Turn RIGHT (South) onto A23 [Streatham High Road]	2.6 mi
7.4	At roundabout, take the FOURTH exit onto A23 [Thornton Road]	0.7 mi
8.2	At roundabout, take the THIRD exit onto A23 [Purley Way]	3.4 mi
11.6	Road name changes to A22 [Purley Road]	65 yds
11.6	At roundabout, take the SECOND exit onto A23 [Brighton Road]	4.4 mi
16.0	At Exit 7, keep LEFT onto Ramp	0.4 mi
16.4	Road name changes to M23	15.9 mi
32.3	Road name changes to A23	7.9 mi
40.2	Keep LEFT onto Ramp	0.3 mi
40.5	At roundabout, take the FIRST exit onto A2300	1.8 mi
42.2	At roundabout, take the SECOND exit onto Jane Murray Way	0.3 mi
42.6	At roundabout, take the FIRST exit onto Sussex Way	0.4 mi
43.0	At roundabout, take the THIRD exit onto A273 [London Road]	0.9 mi
43.9	Bear LEFT (South-East) onto A273 [Victoria Way]	76 yds
43.9	Keep STRAIGHT onto A273 [London Road]	142 yds
44.0	Turn LEFT (East) onto Station Road	0.3 mi
44.3	<b>Turn Right into Oakmeeds College</b>	